

The 6th Sense: Cultural Humility

Today's Agenda



- Opening Remarks and Introductions
- Cultural Competency
- Cultural Humility
- Developing Cultural Humility
- Closing Remarks and Summary

Speaker



Anna-Lesa Calvert

- From Dallas, Texas, but lived in Buffalo since 2001
- Algonquin Sports for Kids for 12 years
- U.S. Soccer Foundation- National Training team
- Manager of PD and Diversity at Hodgson Russ

Poll

Have you taken a course in unconscious bias?

Have you heard of cultural competence?

Have you heard of cultural humility?

What is Cultural Competence?

Awareness

Attitude

Knowledge

Skills

Awareness Test

- How Many Passes Does the Team Wearing White Make?
- <https://www.youtube.com/watch?v=Ahg6qcgoay4>
- Debrief



What is Cultural Humility

Framework

Used in medicine, social work, psychology

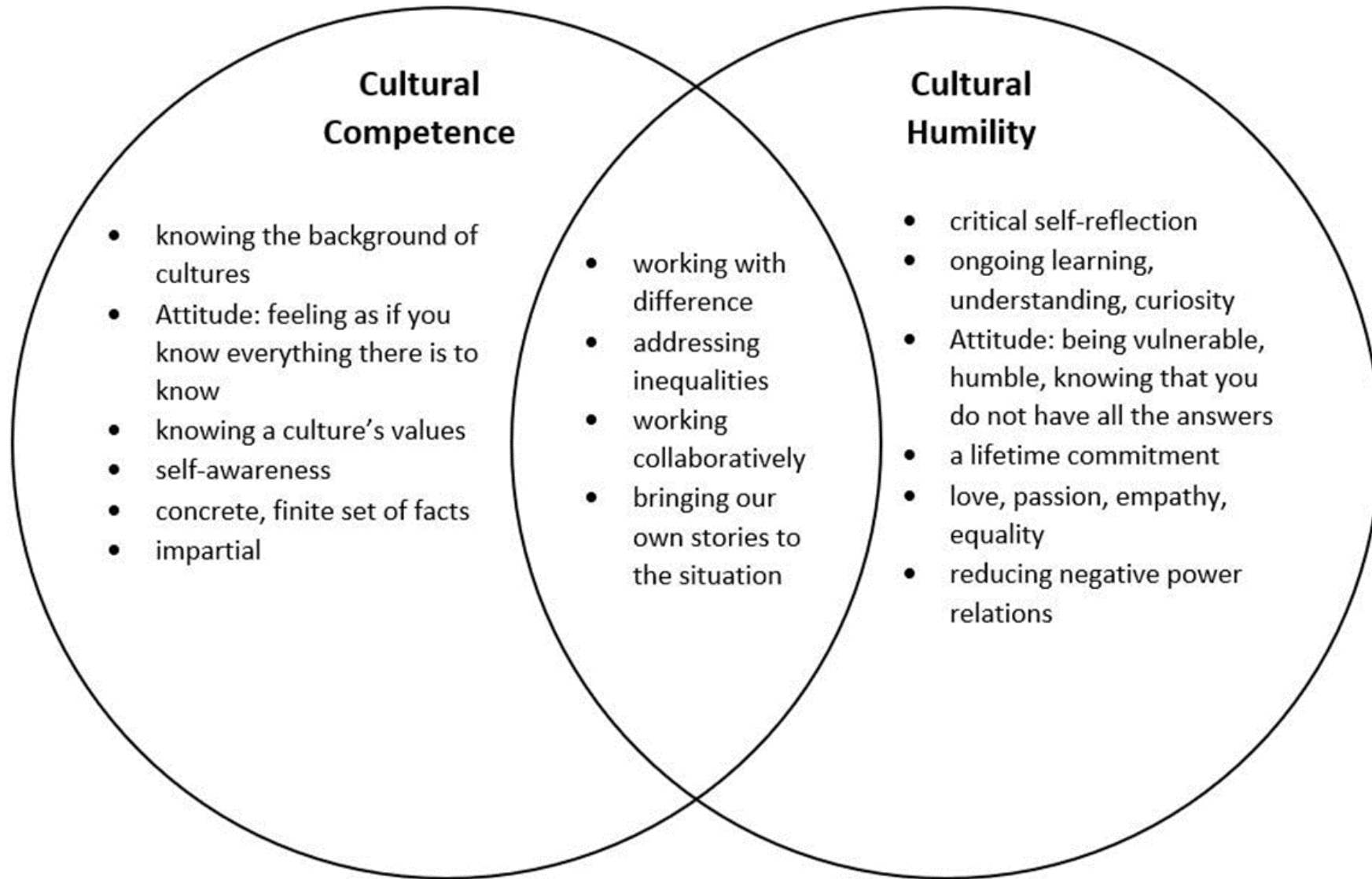


Dr. Jann Murray-Garcia is a founding faculty member and associate clinical professor at the Betty Irene Moore School of Nursing at UC Davis, teaching in the Doctor of Nursing Practice Program. She developed and directs the Anti-Racism and Cultural Humility (ARC) Training Program, which offers three and four-day immersive experiences for nurse leaders, nursing and medical school faculty and staff, as well as health system leaders.



Dr. Melanie Tervalon- as a practicing Pediatrician at Children's Hospital in Oakland, CA, she founded the Multicultural Curriculum Program. "Cultural humility" was the moniker that described her efforts to train doctors to set aside the pre-conceived notions about patients that substituted for their own lack of knowledge about the diverse and culturally complex communities they served.

Competence vs. Humility



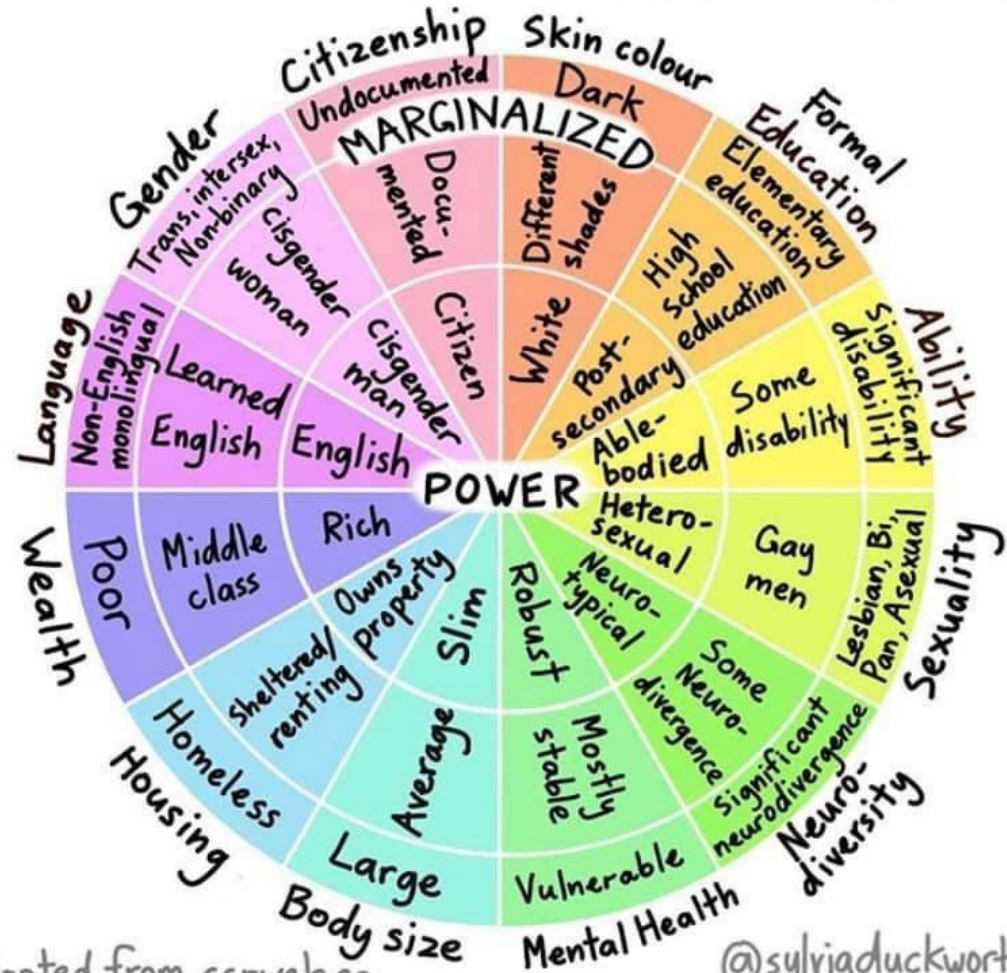
Developing Cultural Humility

Know Thy Self

Used in medicine, social work, psychology

Push for its use in legal communities

WHEEL OF POWER/PRIVILEGE



Adapted from ccrweb.ca

@sylviaaduckworth

Empathy vs. Sympathy

Brene Brown

<https://www.youtube.com/watch?v=KZBTYViDPIQ>





*“To be culturally
humble means
that I am willing
to learn,”*

- Joe Gallagher

Resources

- Cultural Humility Video <https://youtu.be/16dSeyLSOKw>
- Cultural Humility vs. Cultural Competence — and Why Providers Need Both.
- National Center for Cultural Competence
<https://nccc.georgetown.edu/bias/module-3/1.php>
- Project Implicit
<https://implicit.harvard.edu/implicit/>